



PREVENTION CHECKLIST



Clean and Sanitize Hands¹ often



Before and after preparing or handling food

Antes y después de preparar o manipular alimentos



After using the restroom

Después de usar el baño



After coughing or sneezing

Después de toser o estornudar



Before and after contact with others

Después del contacto con otros

IDEAL FOR
**HAND
SANITIZATION**
WHEN SOAP AND WATER
ARE NOT AVAILABLE



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Get a flu shot



Stay home when sick. Don't return until fever-free for 24 hours²



Avoid touching eyes, nose, and mouth



Avoid close contact with others, especially individuals showing symptoms of illness



Take care of yourself!

(EAT RIGHT, GET PLENTY OF SLEEP, AND TAKE VITAMINS)



Report noncompliance to management



Disinfect high-touch, non-food contact surfaces frequently



Door Handles
Manijas de puerta



Chairs/Tables**
Sillas/Mesas



Faucet
Grifo

PLUS:

Light Switches
Interruptores de luz



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EFFECTIVE
AGAINST 24 ORGANISMS
INCLUDING COLD AND
FLU VIRUSES*

¹ When soap and water are not available

² <https://www.cdc.gov/h1n1flu/guidance/exclusion.htm>

* Effective against common cold virus caused by Coronavirus and common flu virus caused by Influenza A virus/Hong Kong

** Not for food contact surfaces

